

OHIO MILITARY RESERVE



405.00

Standing Operating Procedure

QUICK RESPONSE SECURITY TRAINING (QRST)

Headquarters, Ohio Military Reserve
Assistant Chief of Staff,
Plans, Operations, and Training (G3)
1000 Lawrence Road
Camp Perry Training Site
Port Clinton, Ohio
43402-2921

01 May 2003

OHIO MILITARY RESERVE
Assistant Chief of Staff – Plans, Operations, and Training (G3)
1000 Lawrence Road, Camp Perry Training Site
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OHMR-G3 (QRST)

01 May 03

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Quick Response Security Training (Teams) SOP 405.00

1. REFERENCES: None

2. GENERAL

This document provides the standards and doctrine for the organizing, training and employment of Quick Response Security Training (QRST) teams within the Ohio Military Reserve.

3. PURPOSE

The purpose of the QRST program is twofold:

- a. First, to provide the OHMR with highly trained personnel who are capable of rapid and flexible response to assist in the Military Support to Civil Authorities (MSCA) mission and who have skills and training beyond what is normally required of OHMR personnel;
- b. Second, the QRST program can fill the personal need of certain individuals to excel and to move to a level of achievement beyond most of their peers. The recognition and status of the QRST tab provides a tangible reward for the extra effort expended and assists in sustaining morale.

4. SCOPE

This SOP is applicable to all personnel assigned or attached to the Ohio Military Reserve.

5. RESPONSIBILITY

It is the responsibility of the local S3 to administer the local program and to coordinate training and employment with the unit QRST coordinator and QRST Coordinator (G3).

6. CONCEPT

a. The concept of QRST is to provide personnel who are trained to be independent responders to an emergency activation to aid civil authorities or for physical security missions. While it is a given that any military force called to aid civil authorities will be called only as a last resort and only after all other resources are exhausted, there exists the possibility that upon the arrival of the military, the situation may be entirely out of control or unchecked. The military may have little or no support from civil authorities. The situation may be fluid, highly confused, undefined and hazardous. Even if this is not the case, there will exist the need for initial liaison personnel to arrive at the site in advance of the main force, meet with civil authorities, evaluate the situation and the mission requests, locate dismount and/or deployment areas, and communicate all this clearly to the incoming force commander.

b. QRST personnel may work as:

- 1). advance personnel for unit commanders,
- 2). liaison teams
- 3). intelligence teams
- 4). damage assessment teams
- 5). security coordination teams
- 6). "pathfinder" teams for incoming units
- 7). training teams for QRST trainees

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c. All QRST personnel will be volunteers. This is an additional individual qualification; there are no "QRST units" to which an individual may be assigned. Soldiers will complete QRST training in addition to their other, regular unit assignments unless relieved from regular responsibilities during their training period by their unit commander or attached to a QRST training team temporarily by higher authority.

7. COORDINATOR

The Corps QRST Coordinator will be a staff officer assigned to the G3 Section and may hold this position in addition to other assigned responsibilities. While he will be responsible for the development, execution and maintenance of the QRST program, he will have no direct command authority. The duties of the QRST Coordinator will include:

a. Design of the QRST Team TO&E. This will be a guideline only; operational QRST Teams will be constituted to fit the mission by the local commander.

b. Develop, update and maintain training topics and standards for QRST qualification in keeping with the current concept of the MSCA mission.

c. Plan and supervise all initial qualification training and annual refresher training for QRST personnel with the support of the G3/S3 sections. This includes the development, appointment, and supervision of Area QRST Coordinators around the state who will be authorized to conduct training and retraining locally.

d. Review and approve or disapprove all applicants for QRST Training.

e. Develop standard operations plans, in cooperation with the G3 and G5 Sections, for QRST employment in various MSCA scenarios. These plans will be provided to brigade and battalion commanders.

8. ELIGIBILITY AND ENROLLMENT

Volunteers for enrollment in the QRST program must meet the following qualifications:

a. Time In Service:

1) Officers: minimum one year in service and have completed BOC.

2) Enlisted: minimum one year in service have completed BELT.

b. Must meet all OHMR health and physical fitness standards as described in OHMR-R 40-1 and must be at least 5% below maximum allowable weights described in the height/weight chart contained in OHMR-R 40-1.

c. Must have basic field uniform and individual equipment.

d. Must have a letter of recommendation from their commander.

e. Application form and procedures are located in Annex A.

9. TRAINING

a. All training must be conducted or supervised by QRST qualified personnel and will conform to the specifications outlined in Annex B of this document. All training (except correspondence courses) conducted outside of regularly scheduled unit drills must be authorized by appropriate orders.

b. Those portions of the QRST program which are self-administered correspondence courses from the Federal Emergency Management Agency and the Army Institute for Professional Development may be completed by the trainee at his own pace and on his own time.

c. Classroom and field training requirements will be in addition to the student's monthly drill obligation and duties within his home unit. In the event of a conflict of dates between the trainee's normal unit drill and QRST training, unit drill will have precedence. The trainee's commander may elect to excuse the trainee from normal drill obligations during part or all of the QRST training period but it is not required.

d. The trainee will be permitted a period of eighteen consecutive months to complete all training requirements. Failure to do so will result in the trainee being dropped from the program. The trainee may re-apply for enrollment one year after having been dropped; credit will not be given for portions of

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training previously completed. Under extenuating circumstances, the QRST Coordinator (G3) may grant one or more extensions to the eighteen month time frame.

10. DISTINCTIVE TAB

The QRST tab (see Annex C) will be awarded at an appropriate ceremony to those persons successfully completing all training requirements. The tab will be embroidered in the traditional military police colors; the background will be green with the lettering and border golden yellow. It will be worn directly above the OHMR shoulder patch on the left sleeve with the lowest points touching the top of the shoulder patch. The tab will be worn on the Army service green coat, the Class "C" shirt, and the field jacket. Retirees may wear the tab directly above and touching the retiree's shoulder patch.

11. EMPLOYMENT

a. As stated earlier, the mission oriented purpose of the QRST program is to provide the commander with highly trained personnel who are capable of rapid and flexible response to assist in a Military Support to Civil Authorities (MSCA) mission and who have skills and training beyond what is normally required of OHMR personnel. They can be the commander's "eyes and ears" on site, acting as an advance party and liaison between civil authorities and the incoming unit. They may be the first OHMR personnel to meet with the civilian Incident Commander; may select dismount and assembly points, and may locate the initial CP. Because they will be first on the scene after the request for military support has been made (and presumably after the situation has overtaxed civilian resources) they must be prepared for the unlikely event that they will have to respond to problems or threats with little or no support. Their training is designed to give them a broad base of knowledge, keep their thinking flexible and option-oriented, and give them confidence in their abilities.

b. There will be no QRST units, only QRST qualified personnel scattered throughout various units. Each S-3 will maintain a current list of QRST qualified personnel within the unit. A unit QRST coordinator may be assigned, if desired.

c. Upon activation for a MSCA mission, the unit commander may choose to activate a QRST team, especially if no OHMR liaison officer is at the place where the unit is going. At the commander's direction, the S-3 (or unit QRST coordinator) will contact the required number of QRST personnel from within the activated unit and direct them to activate immediately. They will be given instructions on:

- 1). who is going and who is the team leader;
- 2). where they are to meet and where they are to go;
- 3). what they are supposed to do on arrival and what information is needed;
- 4). when they are to arrive on the scene;
- 5). how they are to travel and how they are to report information to the S3

d. QRST teams should consist of three to six persons, depending on the size and scope of the mission. The team should be totally self sufficient, carrying rations, water, and shelter for forty-eight hours.

e. QRST teams may be used as physical security specialists for protecting facilities, property, or persons. This may be in conjunction with a MSCA mission or a solely military mission. They may assume the security mission totally or they may be used as a training cadre and/or supervisory element for other troops.

f. QRST teams may be utilized as damage assessment teams. It is recommended that prior to such employment, they complete a damage assessment course through FEMA, the Red Cross or a similar agency, but it is not mandatory.

g. QRST teams may be utilized as "pathfinder" teams. In this role they would locate and mark a safe, passable and secure avenue of approach to the disaster area for the incoming force. It may be necessary to utilize some QRST personnel as guides for entry into particularly hazardous or complicated areas.

h. Upon completion of their assignment, the QRST team is disbanded at the direction of the commander who authorized their employment and the soldiers immediately returned to their units.

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i. The responsible G3 will file an after action report concerning the QRST activity with the QRST Coordinator (G3) not later than fourteen days after the activity.

Annexes:

A - Enrollment Forms

B - Course Synopsis

C - QRST Tab

GENE A. DALE

Colonel, GS

Assistant Chief of Staff, G3

OFFICIAL:



RICHARD B. IOTT

Lieutenant Colonel, GS

Secretary to the General Staff

ANNEX A (Enrollment Forms) to SOP 405.00 (Quick Response Security Training [QRST])

QUICK RESPONSE AND SECURITY TRAINING (QRST) ENROLLMENT APPLICATION

APPLICATION INSTRUCTIONS

1. *Read all requirements and instructions.* Be sure you understand them completely before beginning.
2. Complete Sections 1 through 8 of the application. Incomplete applications will not be accepted. All information submitted will be kept confidential.
3. Have your commanding officer sign Section 8 of the application. You will also need a letter of recommendation from your commander.
4. Forward the completed application and the letter of recommendation to the G3 QRST Coordinator.

MAJ Steven W. Weber
G3 QRST Coordinator, OHMR
5307 Cleander Drive
Cincinnati, Ohio 45238

5. You will be informed in writing of your approval or disapproval and your starting date for QRST training. You will also receive orders authorizing you to attend the next available QRST training.

REQUIREMENTS

Volunteers for enrollment in the QRST program must meet the following requirements for entry:

1. Time-in-service:
 - a. Officers: minimum one year in service and have completed BOC.
 - b. Enlisted: minimum one year in service and have complete BELT.
2. Must meet all OHMR health and physical fitness standards as described in OHMR-R 40-1 and must be at least 5% below the maximum allowable weights described in the height/age/weight chart contained in OHMR-R 40-1.
3. Must have basic field uniform including cold and wet weather clothing.
4. Must have basic field equipment including load-bearing equipment, canteen, rucksack, sleeping bag, shelter, and incidental items.
5. Must be recommended in writing by commanding officer.
6. Must be willing to devote necessary time to complete training (currently approximately 180 credit hours) within eighteen months, understanding that this may be *in addition to* regular drill schedules.
7. Must have the ability to travel to various locations within the state for training.

OHIO MILITARY RESERVE
QUICK RESPONSE AND SECURITY TRAINING (QRST)
ENROLLMENT APPLICATION

1. APPLICANT:

Last Name	First Name	MI
Rank	SSN	DOB
Address	City/Town	ZIP+4
Home Phone	Work Phone	Pager or Cell Phone (circle one)
E-mail Address		

2. PERSONAL INFORMATION:

In case of emergency contact:

Name		
Address	City/Town	ZIP+4
Home Phone	Work Phone	

3. ASSIGNMENT DATA:

Brigade	Battalion	Company
Unit Address	City/Town	ZIP+4

3. PRIOR SERVICE: Yes No

Branch	Service Number
Assignment	Dates of Service

4. MEDICAL HISTORY:

1. Do you have any medical condition or handicap which will prevent you from successfully participating in the training prescribed for QRST? Yes ___ No ___
2. Do you have any medical condition or handicap which may be made worse by your participation in the training prescribed for QRST? Yes ___ No ___
3. Are you currently taking any prescribed medication(s)? Yes ___ No ___
4. Are you under a doctor's care? Yes ___ No ___
5. Do you meet the requirements of OHMR-R 40-1? Yes ___ No ___
6. Is your weight currently at least 5% less than the maximum allowable weight permitted for your height/age group as described in OHMR 40-1? Yes ___ No ___

5. SERVICE RECORD:

DOE _____ DOR _____ PMOS _____ SMOS _____

Training completed (check those that apply or those waived IAW OHMR SOP 203.00, 204.00):

BELT ___ 95B ___ BNCOC ___ ANCOC ___ BOC ___

6. SPECIAL SKILLS (civilian or military, if applicable)

7. APPLICANT'S STATEMENT:

I hereby certify that I have read this application and that the information contained hereon is accurate. I understand that providing misleading or false information will result in my immediate dismissal from the QRST program and that I may be subject to administrative disciplinary action.

Signature	Rank	Date
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8. COMMANDER'S APPROVAL

Signature	Printed Name	Rank	Date
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Note: in addition to this approval, a letter of recommendation from the applicant's commanding officer must be submitted with this application.

(for office use only)

9. QRST COORDINATOR

Application has been reviewed and applicant has been
Approved ___ Disapproved ___
for enrollment in the QRST program. Applicant's first training session will be held at the location, time and place noted on the following page. The applicant will have eighteen months from that date to complete all required training IAW OHMR SOP 405.00.

Initial training to take place at: _____

Time and date of initial training: _____

=====

QRST

Quick Response and Security Training

ANNEX B (Course Synopsis) to SOP 405.00 (Quick Response Security Training [QRST])

QRST

Quick Response and Security Training
180 credit hours

CORRESPONDENCE COURSES

1. US Army Military Police Law Enforcement Operations Subcourse (MP1006)

Provides training in Military Police responsibilities for processing offenders, discusses how to identify and react to serious incidents and the supervision of a bomb threat and a hostage situation; discusses the legality of searches; provides discussions on the use of force; supervision of enforcement of traffic regulations; and discusses responsibility for the security of a crime scene to include the protection of evidence and recording of the scene. 10 credit hours.

2. US Army Physical Security Course

Provides MP officers and enlisted personnel with general knowledge of physical security to include physical security planning, installation security, area security and material control. Consists of four subcourses, total of 20 credit hours.

3. US Army Civil Disturbance Course

Provides MP officers and enlisted personnel with sufficient knowledge and skills to perform duties when deployed during a civil disturbance, including understanding behavior of a crowd; legal aspects; news media relationship; interrelationship of local, state, and federal authorities, supervision of crowd control formations; and use of force, personnel, logistical and operational planning to control civil disturbances. Consists of two subcourses, total of 10 credit hours,

4. US Army Military Operation on Urban Terrain Subcourse (IN0410)

Identify the phases of deliberate entry into an urban area. Plan operations and security for platoon level entry into urban environment. Identify the procedures for securing buildings. Plan and identify defensive and observation positions. Be aware of special complications of urban operations. 5 credit hours.

5. FEMA Emergency Preparedness Course (HG3)

This course contains information about natural and technological hazards and disasters and national security issues. Participants are led through the development of personal emergency preparedness plans and are encouraged to become involved in the

local emergency preparedness network through an explanation of the local, state and federal system. Text is accompanied by illustrations, maps, charts, and diagrams. 15 credit hours.

TASKS

6. Emergency Firefighting

Orientation to the use of typical hoses, nozzles and hydrants; operation of typical pumper truck, basic procedures for stopgap firefighting and fire safety. Must include hands on experience. Minimum 4 hours.

7. Emergency Water Safety

Simple lifesaving techniques for self and buddy, proficiency tests: survival of unexpected immersion (10' leap into deep water wearing field equipment with load; ditch gear swim to safety), 50 yard fully clothed swim, 25 yard clothed tow, tread water 15 minutes (boots removed), 15 minute survival float. Minimum 4 hours.

8. First Aid

Basic first aid, first responder techniques, CPR, self help and buddy aid. Minimum 3 hours.

9. MP Patrol Techniques

MP patrolling techniques in urban and rural areas, as MID elements or paired with civilian police, under various conditions, mounted and dismounted, in teams and in squads. Must include practical application of dismounted patrol. Minimum 4 hours.

10. Conduct Military Police Operations

Participate as a member of a security force actively conducting continuous security operations at a facility or location for a period of twelve hours, a portion of which must be in darkness. Minimum 12 hours.

11. Communications

Operation and operator's maintenance of PRC-25/77, VRC-10, VRC-12 series, GRC-160, VRC-46, RT-524, RT-246 and R-442 radios and T/A PT-1 and T/A-312 phones; erection and operation of RC-292 Antenna. Must be hands on experience. Will include radio procedures, CEOI, and troubleshooting. Will include discussion of SINGARS systems also. Minimum 8 hours.

12. Prepare a Situation Report (SITREP)

Prepare an operational situation report in accordance with OHMR MSOP 86. Minimum 1 hour.

13. Prepare a Spot Report

Prepare a spot report in accordance with OHMR MSOP 86. Minimum 1 hour.

14. Prepare a Patrol Plan

Prepare a patrol plan, without overlays, in accordance with OHMR MSOP 86. Minimum 1 hour.

15. Conduct a Route-Recon

Conduct a recon and prepare a written report of at least two miles of roadway using proper symbols and nomenclature. Minimum 3 hours.

16. Establish and Operate a Traffic Control Point (TCP)

Select a site, establish security and set up and operate a traffic control on a two lane road with two way traffic. Minimum 2 hours.

17. Designate Location and Establish Security for Dismount Point (DP)

Select an area based on safety considerations and type of traffic to be handled, establish security and traffic control plan. Minimum 2 hours.

18. Convoy Security

Learn basic principles of convoy security, SOPs and responsibilities. Understand convoy chain of command for security and for operation. Minimum 1 hour.

19. Conduct Convoy Movement Through a Defile

Conduct one way traffic through a defile or around an obstacle using two different methods to control movement and keep control, both for accountability and security. Minimum 1 hour,

20. Establish and Operate an Emergency Helicopter Landing Zone (LZ)

Learn requirements for the establishment of an emergency helicopter landing zone as required by civilian medivacs. Learn method and hand signals for ground coordination of landing/takeoff as well as hazards of working around helicopters. Minimum 2 hours.

21. Establish Interior/Exterior Security of a Building

Classroom instruction and hands on practice including but not limited to gate security, challenge/password techniques, perimeter patrol, two-man rule, ID/key security methods, lighting requirements, establishing physical security of a building by safely searching, locating and removing unauthorized persons or victims/survivors, use of force, personnel/vehicle control, security force responsibility and deployment. Minimum 8 hours.

22. Map Reading and Land Navigation/Search Techniques

Use of military grid reference system, use of the lensatic compass, Plotting coordinates and azimuths, resection and triangulation, area search patterns and techniques, following a course through difficult terrain, coordinating rescue efforts from a specific site. Must include hands-on training and day and night execution of compass course. Minimum 8 hours.

23. NBC/Use of Protective Mask/Gas Room

How to protect yourself against common NBC hazards, DOT Hazardous Material Index, use and care of gas mask, operating under masked conditions (student will enter a gas filled room, remove, replace and clear mask, then set up a field radio; establish radio contact and the perform several simple motor skill coordination tasks. Minimum 4 hours.

24. Rappelling Techniques

Basic instruction on rappelling techniques to include rope safety, knots, swiss seats, use of descender, rappelling with equipment load and general safety. Must include low rappel (10), high rappel (30) and free rappel. Individual must demonstrate ability to rig ropes and conduct rappel alone (although a belayer will always be used in training situations). Minimum 5 hours.

25. Unarmed Self Defense

Use of basic unarmed self defense techniques against physical assault and methods for subduing an attacker or suspect. Minimum 2 hours.

26. Apprehension, Body Searches and Handiron Techniques

Safe procedure for the apprehension of suspects/offenders, basic body searches for weapons or contraband, use of handirons, alone or in teams. Minimum 2 hours.

27. Emergency Survival Techniques for Cold Weather/Hot Weather

Survival techniques for use if lost or stranded, especially in cold or sub-zero weather, field expedient direction finding; finding water, building a temporary shelter; fire making. Establish and spend night in minimized camp in actual winter conditions. Minimum 18 hours.

28. Operate an Observation Post

Method and techniques of operating an observation or monitoring post. Minimum 1 hour.

29. Identify Conventional/Unconventional Explosives

Recognize various types of explosives and explosive devices and how they can be utilized against the civilian population or security force personnel and facilities. Minimum 2 hours.

30. Conduct a Building Search

Methods and safety techniques for searching a building for victims, survivors, explosives, contraband, etc. Must be done with hands on practice. Minimum 2 hours.

31. Understand Camouflage/Concealment Techniques

Understanding the art of camouflage/deception of personnel and equipment through practical application as it may be used against members of a security team. Minimum 3 hours.

32. Uniform and Equipment Requirements

Review of uniform standards and requirements, policies regarding use of equipment and unit SOPs regarding readiness. Minimum 1 hour.

33. Prepare a Warning Order

The steps to preparing a warning order, the facts which must be covered and the timing relative to the mission; a warning order will be prepared. Minimum 1 hour.

34. Instruct a 30 Minute Class on Any of the Above Subjects

Learn backward planning technique, Prepare Training Outline, gather resources, conduct class and do Training Evaluation. Minimum 3 hours.

35. 16 km Timed Team Hike with Load

Participate in a 16km (10 mi) hike utilizing established trails, roads and cross country navigation techniques with map and compass, Radio contact will direct ever-changing route and obstacles. Field equipment and rucksack with 30 lb. load will be carried to simulate food, medical supplies or other rescue equipment. Time limit will be 6 hours, however, this may be adjusted up or down depending on the available terrain.

36. 3km Timed Individual Run

Run on paved or graded path for a distance of 3km (1.87 mi) in comfortable PT clothes. Time limit: 25 minutes.

37. Problem Solving

Participate in a series of team exercises such as the negotiation of an obstacle course which no one person can complete alone and which can only be accomplished by teamwork and using creative, improvised aids. Minimum 5 hours.

READINESS

37. Maintain 90% Drill Attendance for One Year

ANNEX C (QRST Tab) to SOP 405.00 (Quick Response Security Training [QRST])

1. DISTINCTIVE TAB

The QRST tab (see Figure 1) will be awarded at an appropriate ceremony to those persons successfully completing all training requirements.

2. DESIGN

The tab will be made in the traditional arc shape and will be 2 1/2" between the lower points; the body of the tab will be 11/16" in vertical thickness. It will be embroidered in the traditional military police colors; the background will be green with the lettering and border golden yellow.

3. WEAR

The tab will be worn directly above the OHMR shoulder patch on the left sleeve with the lowest points touching the top of the shoulder patch. It may be worn on the Army service green coat, the Class "C" shirt, and the field jacket. Retirees may wear the tab directly above and touching the retiree's shoulder patch.



Figure 1.